

Woodland Centers has expanded the School Linked Behavioral Health program to offer not only mental health services, including therapists and skills providers, but also substance use prevention, intervention and treatment co-located in school districts. This integrated care model aims to address the mental health and substance use needs of students in the districts we serve. A referral can be made via paper form, internal referral and/or online.

## What does this mean?

Our model co-locates License Alcohol and Drug Counselors in our current SLBH districts. Initially, the grant is focused on the Litchfield, Willmar and MACCRAY districts, but will expand to other districts per request and staffing capacity. In the future, our School Linked Behavioral Health program will integrate mental health and substance use support in all fourteen school districts served by Woodland Centers.

## Key components of the model:

Prevention: This aspect involves reaching out to every student, staff member, and the community. It includes activities like team teaching in classes, participating in conferences, organizing events for Red Ribbon Week, hosting sober social gatherings, facilitating parent support groups, providing Narcan training, and delivering presentations for parents and school staff.

Intervention: These activities are specifically directed towards students who have concerns related to substance use but may not meet the diagnostic criteria for formal substance use treatment. The intervention includes an education-based curriculum in individual or group sessions, as well as meetings with parents or school staff. It targets students who may have engaged in substance use that led to school citations or exhibit concerning behaviors identified by school staff, parents, or providers, in addition to students who have identified substance use issues during their mental health services.

Treatment: This involves one-on-one Substance Use Disorder (SUD) counseling, group treatment when appropriate, and coordination of treatment services within the school building during the school day. This coordination involves collaboration with current mental health providers, school staff, parents/guardians, and other providers. To receive these services, students must have a current comprehensive evaluation and a substance use disorder program assessment to determine clinical eligibility.

## What to expect:

- Upon receiving the referral, the information will be evaluated for Intervention or Treatment
- If it is determined that the student should have a Comprehensive Evaluation followed by a Substance Use summary; recommendations will be followed
- If the student has a current Comprehensive Evaluation, a determination will be made if a substance use summary will be necessary or if intervention services should be offered
- Treatment services will access all insurance sources available and apply the sliding fee scale to access grant dollars based on income; there may be a cost for some families for SUD treatment
- Intervention and prevention activities access grant dollars and are no cost to the student and family

woodlandcenters.com  
1-800-992-1716

Mobile Crisis 24/7  
1-800-432-8781