

MACCRAVY

February, 2023

Reimbursable Meal=

Entrée, Bread/grain, Veggies,Fruit, & Milk

(1 Lunch per student daily)

Students must take 3-5 items including a fruit or vegetable

Milk choices: White 1% Chocolate1% Lactose Free



Fruit and Veggie Options

Daily Offerings:

- Hot Vegetable
- Fruit Sauce
- Fresh Fruit
- Fresh Veggies



All Grains Offered are Whole Wheat

Menu is subject to change upon availability and without notice

This Institution is an equal opportunity provider

		1 Breakfast (HS)Anything Eggs(E)Breakfast Bar Main Event Chicken Strips	2 Breakfast (HS)Breakfast Sandwich(E)Crackers & Parfait or Smoothie Main Event Hot Ham & Cheese	3 Breakfast (HS&E)Long Johns Main Event Beef Stroganoff
6 Breakfast (HS & E) Brekkie Main Event Orange or Popcorn Chicken	7 Breakfast (HS)Egg Bagel(E)Cereal Main Event Tater Tot Hotdish	8 Breakfast (HS)Anything Eggs(E)Breakfast Bar Main Event Hangry Bear Pizza	9 Breakfast (HS)Breakfast Sandwich(E)Omelet Main Event Chicken Nuggets /Mac & Cheese	10 Breakfast (HS&E)Breads Main Event Hamburger & Baked Beans
13 Breakfast (HS & E) Muffins Main Event Walking Tacos	14 Breakfast (HS)Pancake on a Stick(E)Cereal Main Event Love Bird	15 Breakfast (HS)Anything Eggs(E)Breakfast Bar Main Event Maxx Sticks	16 Breakfast (HS)Breakfast Sandwich(E)Pancakes Main Event Potato Ole	
	21 Breakfast (HS)Pizza (E)Cereal Main Event Beef & Broccoli Bowl	22 Breakfast (HS)Anything Eggs(E)Breakfast Bar Main Event Quesadillas	23 Breakfast (HS)Breakfast Sandwich(E)Crackers & Yogurt or Cheese Main Event Spaghetti	24 Breakfast (HS&E)Cinnamon Roll Main Event Kick N Chicken Bowl
27 Breakfast (HS & E) Brekkie Main Event Meatball & Mashed Potatoes	28 Breakfast (HS)Egg Bagel(E)Cereal Main Event Chicken Sandwich			